Stiffness Impact

Please respond to each question or statement by marking one box per row.

	-	Never	Rarely	Sometimes	Often	Always
StiffImpact01	In the past 7 days, how often was it very easy for you to move your legs or arms quickly?		2	□ 3	\square 4	 5
StiffImpact03	In the past 7 days, how often were your joints very stiff when you woke up?	5	□4	3	□2	
StiffImpact04	In the past 7 days, how often could you move your legs or arms quickly?	\square	□ 2	\square	\square 4	□ 5
StiffImpact05	In the past 7 days, how often did it take you a while to get out of bed because of stiffness?	5	\Box 4	 3	\square	□ 1
StiffImpact07	In the past 7 days, how often were your joints very stiff during the day?	 5	\square 4	3	\square ₂	□ 1
StiffImpact08	In the past 7 days, how often were your joints so stiff during the day that you could not move?	5	\Box 4	 3	□ 2	
StiffImpact09	In the past 7 days, how often was it very easy for you to move your legs or arms?		□ 2	□ 3	\Box 4	□5
StiffImpact010	In the past 7 days, how often did you wake up so stiff that you could not move?	□ 5	\square 4		□ 2	
StiffImpact011	In the past 7 days, how often did stiffness prevent you from getting out of bed?	□5	\Box 4		\square ₂	

.		Never	Rarely	Sometimes	Often	Always
StiffImpact013	In the past 7 days, how often was it impossible for you to move your legs or arms quickly?	□5	\square ₄	\square 3	\square ₂	
StiffImpact015	How often did it take you a very long time to get out of bed because of stiffness?	□5	\square 4	\square	□ 2	\square
		Not at all	A little	Somewhat	Quite	Very
StiffImpact06	How easy was it for you to move your legs or arms quickly?		□2	3	\Box 4	\Box_5
StiffImpact012	How hard was it for you to move your legs or arms?	 5	\square 4	3	\square	\square
StiffImpact014	How easy was it for you to move your legs or arms?	\square	\square ₂	\square	4	□ 5
		Not at all	A little bit	Somewhat	Quite a bit	Very much
StiffImpact02	How stiff were your joints during the day?	□ 5	\square 4	3	\square ₂	