## Life Satisfaction – Short Form 8a

## Please respond to each question or statement by marking one box per row.

## A little bit Not at all Somewhat Quite a bit Very much SWB\_LS\_046R1 I was satisfied with my life ..... 1 2 3 4 5 I was happy with my life..... SWB\_LS\_048R1 2 3 I had a good life ..... SWB\_LS\_051R1 2 3 4 5 П П П I had what I wanted in life ..... SWB\_LS\_019R1 2 1 3 4 5 $\Box$ My life was outstanding..... SWB\_LS\_004R1 2 3 Δ П П $\Box$ П My life was the best ..... SWB\_LS\_003R1 2 3 $\Box$ My life was great..... SWB\_LS\_006R1 3 2 I enjoyed my life ..... SWB LS 055R1 2 3

## Thinking about the past 4 weeks...